



## BREAST THERMOGRAPHY

### Thermography – Welcome!

Thermography is a noninvasive imaging technique that is intended to measure temperature distribution of organs and tissues. The visual display of this temperature information is known as a thermogram. Thermography is not yet paid by most insurance companies. For this reason we consider this an alternative service, not requiring a doctor's order and payable at the time of service. Review of thermal studies emphasizes the need to establish a baseline of the patient's normal (stable) 'thermal fingerprint'. This is done by comparative analysis of two studies 3 months apart. Once a stable baseline has been established for the individual patient, screening tests once every year will detect any changes that might indicate developing pathology.

1. Please be at the office approximately 30 minutes before your appointment, if this is your first exam.
2. Make sure to bring this packet with you, filled out and complete (please PRINT).
3. DO NOT bring small children with you who cannot be left unattended.
4. Make sure you read and understand the informed consent form in this packet as it explains the procedure and your rights.
5. If you have ANY questions about your examination, call us at 352-750-4333.
6. Please be prepared to pay for your examination at the time of your visit. Check, cash, and all major credit cards are accepted.

#### Pre-Examination Preparation Instructions

1. **24 hours prior to exam:** avoid chiropractic care, physical therapy, massage therapy, acupuncture, saunas, steam baths, hot tubs, magnets, heating pads, hot water bottles, analgesic creams or balms, poultices, and do not shave.
2. **12 hours prior to exam:** do not stimulate the nipple in any way.
3. **4 hours prior to exam:** No coffee, tea, soda or other beverages or medications containing caffeine. No alcoholic beverages. Do not bathe or shower in HOT water. Do not perform any rigorous exercise program. Do not touch or rub yourself anywhere near your breasts.
4. **The day of the exam:** do not use creams, lotions, ointments, deodorants, antiperspirants, powders or any other skin product. Do not smoke cigarettes or use any product which contains nicotine. Do not use any medication or natural supplement that causes flushing (i.e. Niacin).
5. Remove all piercings prior to exam.
6. Inform us if you have had a breast biopsy within 1 month; breast surgery, chemotherapy or radiation treatment within the last 2 months.
7. Please inform us if you have a hot flash during the session.
8. In preparation for your session, do not discontinue any medication or therapy without your doctor's permission.

Procedure Code	Description	Standard Fee	Pre-Pay package
THBR1	Thermogram Breast, 1 <sup>st</sup> Study	\$160.00	\$220.00
THBR2	Thermogram Breast, 2 <sup>nd</sup> Study	\$110.00	
THBRA	Thermogram Breast, Annual	\$160.00	
THRO1	Thermogram 1 Region of Interest, 1 <sup>st</sup> study	\$160.00	\$220.00
THRO2	Thermogram 1 Region of Interest, 2 <sup>nd</sup> study	\$110.00	
THROB	Thermogram 1 Region of Interest With Breasts	\$255.00	
THUBB	Thermogram Upper Half Body (front and back)	\$255.00	
THUHB	Thermogram Upper Half Body With Breasts	\$325.00	
THLBB	Thermogram Lower Half Body (front and back)	\$255.00	
THFBY	Thermogram Full Body (includes breasts)	\$425.00	



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Thank you for choosing HEALTHCARE PARTNERS as your source for thermal imaging. We look forward to meeting you and assisting you with this safe and effective procedure. It is important that you fill out these forms accurately and completely. Your scheduled appointment time takes into consideration that you have filled out your forms prior to the exam.

### Thermogram Patient Information Sheet

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code \_\_\_\_\_ Home phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Previous illness: \_\_\_\_\_

Previous surgery: \_\_\_\_\_

Current health problems: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medication: \_\_\_\_\_

Other Treatment: \_\_\_\_\_

Current Doctor: \_\_\_\_\_

Do you want a copy of the thermograph report forward to your doctor?      Yes              No

If applicable, your Doctor's address (if doctor is not a HEALTHCARE PARTNERS doctor):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Signature of Patient or Patient's authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print patient's name





## BREAST THERMOGRAPHY

### AUTHORIZATION TO USE OR DISCLOSE PROTECTED HEALTH INFORMATION (PHI)

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Date of Request: \_\_\_\_\_

**As required by the Privacy Regulations, HEALTHCARE PARTNERS may not use or disclose your protected health information except as provided in our Notice of Privacy Practices without your authorization.**

I hereby authorize this office and any of its employees to use or disclose my Patient Health Information to the following person(s), entity(s), or business associates of this office:

#### **EMI, Electronic Medical Interpretations**

Patient Health Information authorized to be disclosed: **Thermal Images and related health history**

For the specific purpose of (describe in detail)  
**Interpretation of said images**

**Effective dates** for this authorization: \_\_\_\_/\_\_\_\_/\_\_\_\_ through \_\_\_\_/\_\_\_\_/\_\_\_\_

This authorization will expire at the end of the above period.

I understand that the information disclosed above may be re-disclosed to additional parties and no longer protected for reasons beyond our control.

#### **I understand I have the right to:**

1. Revoke this authorization by sending written notice to this office and that revocation will not affect this office's previous reliance on the uses or disclosure pursuant to this authorization.
2. Knowledge of any remuneration involved due to any marketing activity as allowed by this authorization, and as a result of this authorization.
3. Inspect a copy of Patient Health Information being used or disclosed under federal law.
4. Refuse to sign this authorization.
5. Receive a copy of this authorization.
6. Restrict what is disclosed with this authorization.

I also understand that if I do not sign this document, it will not condition my treatment, payment, enrollment in a health plan, or eligibility for benefits whether or not I provide authorization to use or disclose protected patient health information.

\_\_\_\_\_  
*Signature or Patient or Patient's Authorized Representative*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Authorized Signature of Facility*

\_\_\_\_\_  
*Date*



## BREAST THERMOGRAPHY

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_ Cit \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Doctor: \_\_\_\_\_

All information given in the questionnaire will remain strictly confidential and will only be divulged to the reporting thermologist and any other practitioner that you specify.

### Breast Thermography Confidential Questionnaire

	Yes	No
1. Do you have any close relative who has had breast cancer?	☑	☑
2. Have you ever been diagnosed with breast cancer?	☑	☑
3. Have you ever been diagnosed with any other breast disease (fibrocystic)?	☑	☑
4. Have you had any biopsies or surgeries to your breasts?	☑	☑
5. Have you had any breast cosmetic surgery or implants?	☑	☑
6. Have you had a mammogram in the past 12 months?	☑	☑
7. Have you had a mammogram in the past 5 years?	☑	☑
8. Have you had abnormal results from any breast testing?	☑	☑
9. Have you ever taken a contraceptive pill for more than 1 year?	☑	☑
10. Have you suffered with cancer of the womb?	☑	☑
11. Have you had pharmaceutical hormone replacement therapy?	☑	☑
12. Do you have an annual physical examination by a doctor?	☑	☑
13. Do you perform a monthly breast self exam?	☑	☑
14. How many mammograms have you had in total? _____		
15. What was your age when you had your first mammogram? _____		
16. How many births have you had? Your age at birth of first child: _____		
17. Did your periods start before the age of 12? Yes No Finish after the age of 50? Yes No		
18. Do you smoke? Yes: ☑ Never: ☑ Not in last 12 months: ☑ Not in last 5 years: ☑		
Have you recently had any of these breast symptoms:	Right Breast.	Left Breast
Pain	☑	☑
Tenderness	☑	☑
Lumps	☑	☑
Change in breast size	☑	☑
Areas of skin thickening or dimpling	☑	☑
Secretions of the nipple	☑	☑

#### PATIENT DISCLOSURE

I understand that the Report generated from my images is intended for use by trained health care providers to assist in evaluation, diagnosis and treatment. I further understand that the Report is not intended to be used by individuals for self-evaluation or self-diagnosis. I understand that the Report will not tell me whether I have any illness, disease, or other condition but will be an analysis of the Images with respect only to the thermographic findings discussed in the Report. By signing below, I certify that I have read and understand the statements above and consent to the examination.

Signature \_\_\_\_\_ Date \_\_\_\_\_



## BREAST THERMOGRAPHY

### Extended Breast Questionnaire

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

#### Diagnosed with breast cancer:

**Cancer type:** Metastatic\_\_\_\_ Local\_\_\_\_ Lymph node involvement\_\_\_\_

**When diagnosed:** Month\_\_\_\_ Year\_\_\_\_

**Where (left breast):** UO\_\_\_\_ UI\_\_\_\_ LO\_\_\_\_ LI\_\_\_\_  
Nipple\_\_\_\_

**Where (right breast):** UO\_\_\_\_ UI\_\_\_\_ LO\_\_\_\_ LI\_\_\_\_  
Nipple\_\_\_\_

**Treatment:** Surgery\_\_\_\_ Chemo\_\_\_\_ Radiation\_\_\_\_ Other\_\_\_\_ None\_\_\_\_

#### Diagnosed with other breast disease:

**Disease type:** Fibrocystic\_\_\_\_ Cystic\_\_\_\_ Mastitis\_\_\_\_ Abscess\_\_\_\_ Other\_\_\_\_

(please report other types of disease in the history)

#### Breast biopsies or surgery:

**Where (left breast):** UO\_\_\_\_ UI\_\_\_\_ LO\_\_\_\_ LI\_\_\_\_ Nipple\_\_\_\_

**Where (right breast):** UO\_\_\_\_ UI\_\_\_\_ LO\_\_\_\_ LI\_\_\_\_ Nipple\_\_\_\_



## BREAST THERMOGRAPHY

### Breast Study Questionnaire

All information given in the questionnaire will remain strictly confidential and will only be released to the reporting thermologist and any other practitioner that you specify.

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_

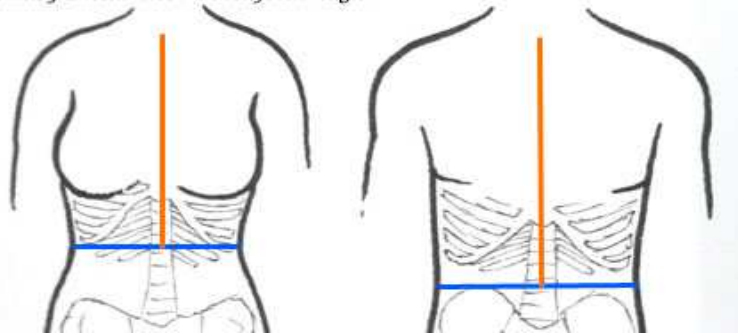
Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Your Doctor: \_\_\_\_\_

### By indicating with numbers 1-5, show areas of:

Main Pain 1      Secondary Pain 2      Numbness 3      Pins and needles 4      Skin lesions / scaring 5

*Sidney Eileen - torso center front length*



Do you know what triggered the pain?

Does anything relieve it?

Does anything aggravate it?

Has it changed since it began?

Have you had any treatment?

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I understand that the Report will not tell me whether I have any illness, disease, or other condition but will be an analysis of the Images with respect only to the thermographic findings of the areas discussed in the Report. By signing below, I certify that I have read and understand the statements above and consent to the examination.

Signature \_\_\_\_\_



## **BREAST THERMOGRAPHY**

### **INFORMED CONSENT FOR BREAST THERMOGRAPHY**

**Instructions:** PLEASE READ CAREFULLY. If you are in agreement with this consent form, please sign and date at the bottom. Please ask questions if there is anything that you do not understand on this consent form.

Thermography is simply a procedure utilizing thermal imaging cameras to visualize and obtain an image of the infrared radiation (heat) coming from the surface of the skin. The Thermographic procedure is performed as an aid to the evaluation of abnormal temperature patterns which may or may not indicate the presence of a disease process.

The thermographic procedure is NOT a standalone diagnostic tool. It is an adjunctive tool, which while reliable, should be used by the primary care physician along with other diagnostic tests and analysis so as to arrive at a provisional or more complete diagnosis. No surgical procedure should be based on breast thermal imaging alone. Procedures such as mammography, ultrasound, MRI, palpation, biopsy, etc., are needed to arrive at a final diagnosis. Thermography does not “see” inside the body, but shows heat imbalances in the body that may be caused by many things from cancer to inflammation.

We provide only the thermographic component of a complete breast evaluation. Thermography does not replace mammography.

I understand that I will be disrobed relevant to the area of study to allow the surface of my body to cool to an ambient room temperature. I will then be examined with an electronic thermographic camera. I understand this procedure does not use radiation, compression, and that it is not harmful to me. I understand that this procedure’s sole function is to map the heat patterns coming from my breast/body.

I understand that it is my responsibility to provide my health care provider with my report for further diagnosis and analysis in the overall evaluation of my health. I have been given a patient preparation form to insure the most accurate thermographic evaluation possible, and I agree that I have completed the requirements of this form and that I have complied with the protocol sheet attached regarding the pre-examination requirements.

Your test will be interpreted by a Board Qualified, or Board Certified Thermologist. It is important to understand that temperature changes can be due to pathological changes as well as artifacts such as rashes, swelling, bruises, and scratching, etc. Your interpretation may require follow-up testing to rule out these issues/ Some pathologic changes may not show up due to their location being too deep within the breast tissue, or overlaying factors. Breast implants can mask thermographic changes secondary to tumor activity. The thermographer will not act as a health care provider, but as a thermography and will report on thermographic findings only.

I am aware that this procedure is not covered by insurance and that the office fee is due and payable at the time of service unless special provisions have been made with the office in advance.

Having understood the above, and having received satisfactory answers to all questions that I may have had concerning the purpose, outcome, benefits and risk factors of thermographic evaluation as well as the utilization of the procedure, I consent to the thermographic examination of my breast/body by the examining doctor(s) and/or technicians.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name of Patient: \_\_\_\_\_